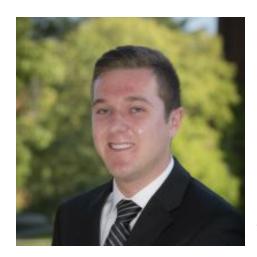
Student Spotlight: Emmett Bryan

By Austin Hall December 5, 2017



Emmett Bryan Chemical Engineer Class of 2019

While many think that it only pertains to the realm of sports, coaching has increased its reach to become an important aspect of development in a variety of fields, particularly business, over the course of the past century. Its focus on personal development has made it a valuable tool used by the highest level executives of some of the most successful Fortune 500 companies; however, this has led coaching to primarily be utilized later on once a person has made significant progress into their career.

The Lockheed Martin Leadership Institute at Miami University is working to redefine the applications of coaching. This will be done through a year-long project, which includes a summit on coaching that will take place at Miami University on April 13th, 2018, that will teach young adults the skills necessary to understand the basis of coaching and

be able to apply those skills to their own goals as well as others.

Emmett Bryan, who is a part of the team tasked with the marketing of the coaching summit via various social media outlets, thinks his time working on this project has helped him attain a better understanding of how coaching can be applied across any number of fields.

"Before we went into this, I just saw a coaching in a sports sense...I never really thought of it applying to the business world or engineering or anything," said Bryan. "Now, I definitely see it as someone who's there to help guide you to help reach your full potential, to apply it to all areas of life."

Bryan also focused on the idea that he believes the key to coaching is to help the other person formulate their own solutions based on their respective situation.



Austin Hall Engineering Management Class of 2019

"Coaching is where someone can help someone to reach their full potential by asking deep, thought-provoking questions, not telling them how to do something but helping to guide them to where they want to get to," said Bryan.

When asked what characteristics a good coach should have, Bryan also identified that coaches should be empathetic, introspective, responsible, and trustworthy.

We will remain in contact with him as this project progresses, and it will be interesting to see how his perception of coaching develops over that time.

The Lockheed Martin Leadership Institute is a program for undergraduate Engineering and Computing students at Miami University that aims to cultivate leaders who will flourish in their professions and lives by thinking strategically, working collaboratively with others, effectively communicating their ideas, and finding innovative solutions to society's most complex problems.